Been on the fence about iLASIK?
Wonder whether LASIK is safe? We understand! We have been there. All three of our surgeons have had LASIK. When LASIK will work for staff members, they have had LASIK also. We can help you get off that fence, one side or the other, once and for all. We have answers that are tailored for you, your lifestyle and the health of your eyes!

This free consultation is valued well over $300, with diagnostic testing. You will receive answers that are created especially for you, with your vision, health history, current medical conditions, lifestyle and vision expectations, in mind. You’ll be talking to Dr. Ballon, Dr. Wietharn or Dr. Bajenova. They will meet with you at the end of your diagnostic testing, education and measurements.
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- A call from our refractive consultant to answer any questions before your visit.
- An email with special links to: 1) a patient portal in order to complete past and current medical conditions, 2) a patient informed consent video with short quiz to help clarify your expectations
- Check in and be welcomed by our staff. There will be no charge to you at this visit.
- A professional ophthalmic assistant will take specific measurements with our state-of-the-art iLASIK equipment, while answering any of your questions during each test.
- Your pupils will be dilated with strong dilating drops that usually last well into the next day. You may wish to bring a loved-one along to do the driving afterwards.
- Once all of your medical tests and measurements have been completed and you are well-dilated, your surgeon will meet with you to answer any of your questions.
- You will leave knowing that iLASIK is a procedure recommended by your surgeon or you will be told the reasons why iLASIK is not a good choice for your particular medical status. Either way, there is no obligation to move forward with iLASIK.
- It will be the best 2-hours of time you ever spent for you will be off the fence once and for all.

Communication is pinnacle to successful surgery. This booklet is created to help you evaluate and plan for your procedure. Our staff are specially trained to assist you along the way.

We may have the experience of an established eye surgery (since 1984), center, but we are youthful in our attitude and passionate about taking care of every patient, every time. See our reviews!
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Expect to have a wonderful experience. And, thank you for your confidence!

ILASIK IS NOT FOR EVERYONE. A consultation is intended to find out whether your surgeon would recommend this surgery for your particular lifestyle and eye health. The following questions may help you decide whether it makes sense to pursue iLASIK at this time.
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1. Are you able to see close to 20/20 with glasses or contacts? If your answer is yes, then you may be a good candidate so far! (If it is no, read the red paragraph).

2. Do you consider your vision to be normal with the exception of glasses? If you answered yes, you may be a good candidate so far! (If it is no, read the red paragraph).

3. Do you have any history of serious eye disease: glaucoma, diabetic retinopathy, retina surgery? Do you have serious health issues: uncontrolled diabetes, have collagen, vascular, autoimmune or immunodeficiency disease (for example, HIV or AIDS). Yes? -You are probably not a good candidate. (Read the red paragraph).

4. Have you ever worn contact lenses? If yes, you will need to be out of your contact lenses for 2 weeks for soft lenses, and a minimum of 3 weeks for hard contacts plus additional weeks for each decade you have worn contacts, before you come in for a dilated evaluation appointment. You could come in for a brief initial screening to meet your surgeon and receive motivation to stay out of your lenses!

5. Females: Are you pregnant or nursing? Yes, you are probably not a good candidate until nursing has stopped. Your vision may change during your pregnancy and the calculations for surgery will not be accurate for the long-term. It is far better to wait.

NOT A GOOD CANDIDATE? iLASIK and PRK are designed with a healthy eye in mind. This surgery will not improve poor vision in unhealthy eyes and could potentially make your present condition worse. It may help you to discuss with your eye doctor further reasons why iLASIK or PRK may not be for you. If you are unsure, you are welcome to come for a free LASIK screening.
Been on the fence about iLASIK?

WHAT IS iLASIK?

Can you imagine the freedom to live your daily life without having to deal with the hassle and upkeep of glasses or contact lenses? LASIK surgery might be for you!

Our Surgeons, Dr. Ballon, Dr. Wietharn and Dr. Bajenova provide advanced blade-free refractive surgery, custom wavefront guided LASIK in Arlington, WA. No two eyes are alike. Your experience is tailored to your life-style needs coupled with your refractive degree of nearsightedness, farsightedness and astigmatism.
Been on the fence about iLASIK?

When you schedule a complimentary eye exam, your surgeon will help you of iLASIK as it applies to your life-style. While not everyone is a candidate for LASIK surgery, our doctors at Harman Eye Clinic in Arlington, WA encourage all those interested to come in for a consultation. If you are not a candidate for LASIK surgery, we will be able to give you options that create a similar result to LASIK.

The STAR S4 IR Excimer Laser System (Laser System) reduces or eliminates nearsightedness (myopia), farsightedness (hyperopia) and/or astigmatism. (a refractive error in which the eye focuses light rays more strongly in one direction than another). In addition to the laser itself, the Laser System includes an eyetracker that keeps the laser pulses correctly positioned on the cornea when the eye moves.

The WavePrint System determines the precise excimer laser treatment that is needed. The Laser System exposes the cornea to a sequence of precisely positioned ultraviolet (UV) light pulses, each of which vaporizes a tiny amount of tissue. The Laser System treats nearsightedness by removing tissue from the center of the cornea (central cornea) to flatten it and treats astigmatism by flattening the central cornea by different amounts at different angles to correct uneven focus. The Systems are intended for wavefront-guided LASIK (laser-assisted in situ keratomileusis) treatment of nearsightedness and astigmatism. Patients must be 21 years of age or older with stable refractions (a change of less than or equal to 1.0 D in myopia or astigmatism for at least 12 months prior to surgery)
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IntraLase completes the iLASIK experience. Better known as the Blade-Free LASIK, IntraLase is a 100% blade-free approach to corneal flap creation - enabling your doctor to create an individualized LASIK flap without a blade ever touching your eye. iLASIK refers to many components all working together to give you an individualized approach to your vision correction. The combination of diagnostic equipment: iTrace, VISX Wave Print, Pentacam, and Eye Track, Eye Trace, VISX Laser, and IntraLase blade-free performance, makes for better chances of receiving the vision outcome.

Excimer laser treatment is intended to reduce or eliminate nearsightedness and/or astigmatism. Side effects may include glare from bright lights (during night driving), halos (rings around lights), light sensitivity, temporary changes to vision, and dry eyes. Patients all over the world and here in Arlington, WA are raving about the results of LASIK surgery. LASIK surgery enables our patients to live their active lifestyles uninhibited by glasses and contact lenses.

WHAT IS PRK?

PRK is an acronym for Photorefractive Keratectomy. During this procedure, instead of making a flap, the surgeon uses a technique to remove the outermost layer of the cornea, called the epithelium, and then applies your custom treatment with a laser. After PRK, bandage contact lenses are placed on the eye to protect the cornea and aid in comfort and healing while the epithelium regenerates. Patients who have PRK should expect that the contact lenses will remain in place for the first week or more following surgery, and vision will likely remain blurred until the epithelium has healed. During this time, the eyes may be uncomfortable. While PRK tends to have a longer healing time than LASIK, the final results are happily comparable.
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WILL REFRACTIVE SURGERY MAKE A DIFFERENCE?

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- Ability to see their iPhone without reaching for a pair of glasses.
- Ability to stroll in the rain or open up the oven without having glasses fog up.
- Ability to see the kids at the pool when in the water with them.
- Ability to swim, hike, ski, run, without depending on glasses or contacts.
- Ability to play basketball, baseball, tennis, soccer without depending on glasses or contacts.
- Ability to teach school or coach a team without having your contacts fall out or become blurry.
- Ability to garden, paint, make repairs, read directions with new vision freedom!

What are your reasons for iLASIK? Be sure to share your expectations with your surgeon.
Would you care to visit our office for a brief refractive screening; or better yet, you may wish to call our staff members at 360-474-2561 and ask for a brief screening over the phone. You will save yourself a trip and find out if iLASIK or a Refractive Lens Implant would work for you.